

A Timeline of Events After a Sting

Now

A deadly allergic reaction can occur within minutes after a sting.² If you notice any difficulty breathing or other serious symptoms, call 911.

Today

Allergic reactions can be delayed up to 12+ hours. Watch for symptoms such as runny nose and vomiting that may indicate an allergy.

Tomorrow

Reflect on the incident. If your child's symptoms were anything more than slight swelling, consider calling a medical professional.

Next Time

Children don't always grow out of their allergies. Discover your child's risk for an allergic reaction in a doctor's office instead of during their next sting.

7% of the United States population is allergic to bee and wasp stings.^{1,4}

Is your child allergic?



Learn More

about bee sting allergies and venom immunotherapy at beeawareallergy.com

1 Ludman, Boyle. (2015). Stinging insect allergy: current perspectives on venom immunotherapy. *Journal of Asthma and Allergy*, 8, 75-86. 2 Posner, Camargo. (2017). Update on the usage and safety of epinephrine auto-injectors. *Drug, Healthcare and Patient Safety*. 3 Golden. (2007, May). Insect Sting Anaphylaxis. *Immunology and Allergy Clinics of North America*, 27(2), 261-272. 4 Throughout this program the term "bees and wasps" is used as a generalized description of stinging insects. The complete list of VIT insects include: honey bee, wasp, white-faced hornet, yellow hornet, and yellow jacket. 5 Forrester, J. A., Weiser, T. G., & Forrester, J. D. (2018). An Update on Fatalities Due to Venomous and Nonvenomous Animals in the United States (2008-2015). *Wilderness & Environmental Medicine*, 29(1), 36-44.



My Child Was Stung... Now What?



Key Facts for Parents to Keep in Mind

Don't make the mistake of missing your child's potential bee or wasp sting allergy.

The Facts

Each year, approximately **60 people die** from bee and wasp stings in the United States.⁵ It only takes a few minutes for a deadly allergic reaction to take place.

The Warning Signs

Children don't always grow out of their allergies. In fact, bee sting reactions can worsen with each encounter.

Talk to a medical professional if your child experiences:

- Significant swelling or hives
- Nausea or abdominal pain
- Tight throat or hoarse voice
- Vomiting or diarrhea
- Itchy or watery eyes
- Dizziness or fainting
- Difficulty breathing
- Runny nose
- Rash

At-Home Care

Typical bee sting symptoms include slight swelling and a red welt. These symptoms can be managed at home.



If your child can keep ice on the sting site, it may help reduce any swelling. Otherwise, try hydrocortisone creams, oral-antihistamines, and medications like child-approved Motrin or Advil to reduce inflammation.

If itchy, kids are prone to scratch their wound. Make sure to watch for this behavior and prevent it, if possible.



Seeking Help

Concerned your child may be allergic? Contact a local allergist.

Through allergy testing, you can discover your child's risk for anaphylaxis. Ask about treatment options like epinephrine pens and **venom immunotherapy (VIT)**. VIT is **98% effective** at preventing future systemic reactions.³



Scan this QR code to visit **BeeAwareAllergy.com**. Then find an allergist near you for testing and treatment options.